



HEALTH EDUCATION POLICY

Rationale:

Health Education is a vital component in the education of young people. At Spotswood College Health Education will focus on physical, mental, social and spiritual health and will enable students to make informed decisions about their own well-being and the well-being of others.

Purposes:

To enable students to reflect on the nature of well-being and how to promote it, in regard to health-related contexts. As they develop resilience and a sense of personal and social responsibility, they are increasingly able to take responsibility for themselves and contribute to the well-being of those around them, their communities and their environment. (NZC: Health and Physical Education 2007).

Guidelines:

1. Health Education at Spotswood College will be based on best practice and will follow closely the Health and Physical Education curriculum.
2. The school community will be consulted every two years on the content of the sexuality component of the course, to enable types of sexual orientation to be discussed as part of the Health programme at the appropriate level.
3. Health education will be taught to students at years 9 and 10 and where needed to other groups.
4. Where possible the Health programme will be taught by those who have expertise in Health.
5. For specialised topics e.g. sexuality, outside facilitators may be used.
6. International students' Health Programme needs will be covered by arrangements made by the Director of International Students.

Approval:

When the Board approved this Policy it agreed that no variations of this Policy or amendments to it could be made, except with the majority approval of the Board.

Approved by the Board of Trustees on 24 June, 2013

Signed on behalf of, and with the authority of the Board

_____ on _____ (Date)
Board Chairperson

Due for Review: June, 2015

Reviewed Date: _____ Signed for B.O.T. _____